

## Lent Worries

Scripture: Isaiah 40: 6-8  
Date: March 7, 2021

### **WORRY**

#### *TEACHING*

If we're honest we are a creation that worries. We worry about the circumstances in our world that we can't control and seem to offer only chaos and confusion. We worry about the circumstances within our own lives and wonder if we are truly capable of surviving much less succeeding in the world in which we live. All this worry leads us to a place where we are drained and drowning in our fears and anxieties and end up feeling alone and afraid, bruised and broken.

#### *REFLECTIONS*

What parts of your life / faith are worried for things not yet to come?

What parts of your life / faith are worried about your inability to survive or succeed?

### **PEACE**

#### *TEACHING*

God speaks – in our journey of life and faith – reminding us of His permanence and His presence and His power which offer us a different perspective. A perspective of faith not fear. A perspective of peace not worry. That He continues to walk with us and work for us in our growth of living in Him and for Him.

#### *REFLECTIONS*

Where in your world has God promises or presence shown themselves to be faithful to you?

Where in your world has God strengthened you in circumstances you didn't was possible?